

2 Easy Ways You Can Make the World a Better Place This Year

By [Esther Sim](#) | April 8, 2019



SPRING 2019 EDITOR'S BOX PARTNER

It's not every day we come across a charity that aims to help the whole world, which is why the [Ian Somerhalder Foundation](#) is so important. From raising awareness around pet overpopulation to educating the youth about plastic use, ISF aims to empower human action through programs and collaborations.

To date, ISF has serviced 459 animals (and counting) through its free spay and neuter program, removed over 70 pounds of litter in a single cleanup, and more. But it doesn't stop there – here are two ISF-led events you can get involved in this year.

Philly Brotherly Love Free Vet Clinic (April 13-14)

Philadelphia, Pennsylvania

6 to 8 million homeless animals are brought into animal shelters a year, only half of which are adopted while the remaining animals are euthanized. Turns out, many of these homeless animals are unexpected offspring of family pets who weren't spayed or

neutered. So in an effort to end pet overpopulation, ISF launched a spay and neuter program to provide free animal health services in underserved areas. ISF's next stop? Philadelphia, Pennsylvania! On April 13 and 14, ISF, Harley's Haven Dog Rescue, and the Animal Care & Control Team of Philadelphia will offer completely free veterinary services for spay and neuter surgeries, wellness checkups, vaccines, microchips, heartworm tests, and more. If you're not in the area, you can support ISF's mission to provide programs like the spay and neuter clinics by donating [here](#).

ISF Youth Volunteer Day Cleanup (May 4)

Flint, Michigan

"It's important to show other kids our age the dangers of plastic pollution. Just because you throw it away doesn't mean it goes away. Most of the plastic we've created still exists on our planet today," says ISF Youth volunteer Logan Fournier. One of ISF's missions is to empower youth to be an example in their communities by promoting a lifestyle that involves less plastic and one-time use items. Through ISF's Cleanup and Youth Volunteer Day Programs, communities around the globe can participate in making a difference in their waterways, parks, and schools. You can participate in ISF's next Youth Volunteer Day on May 4 or plan your own cleanup day with ISF's how-to guides and educational materials [here](#).

Can't make it to the events but still want to get involved? You can donate [here](#) and learn more about ISF's financial history [here](#).

xx, The FabFitFun Team